

# Vietnam Coastal Wellness & Spa Journey: Hanoi to Mekong Delta – 14 Days

14D / 13N

Duration

Easy

Difficulty

Private

Tour Type

USD 3,789 / pax

Starting From

Indulge in a 14-day luxury retreat across Vietnam, combining cultural exploration in Hanoi, Hoi An, and Ho Chi Minh City with serene beach relaxation and rejuvenating spa treatments in Da Nang and Nha Trang. Enjoy a premium Halong Bay cruise and a delightful Mekong Delta excursion.

## DESTINATIONS & ROUTE

Hanoi → Ha Long → Da Nang → Hoi An → Nha Trang → Ho Chi Minh City

## TOUR OVERVIEW

Overview: A Luxurious Wellness Escape Through Vietnam

Embark on a meticulously crafted 14-day private journey designed for ultimate relaxation and cultural immersion across Vietnam. This exclusive itinerary seamlessly blends the vibrant energy of major cities with the tranquil beauty of coastal retreats and the serene landscapes of the Mekong Delta. From the majestic limestone karsts of Halong Bay to the ancient charm of Hoi An and the therapeutic mud baths of Nha Trang, every detail is curated for a transformative experience.

Highlights of Your Vietnamese Adventure

Overnight luxury cruise experience amidst the limestone karsts of Halong Bay.

Rejuvenating foot massage in Hanoi's Old Quarter after city exploration.

Explore the charming UNESCO-listed Hoi An Ancient Town at leisure.

Unwind with a unique geothermal mud bath and deluxe spa treatments in Nha Trang.

Enjoy leisurely days on the pristine beaches of Cua Dai and Nha Trang.

Savor a romantic Eurasian buffet dinner cruise along the Saigon River.

Discover the tranquil rural life and local crafts during a Mekong Delta day trip.

Stay in 5-star luxury accommodations throughout your Vietnamese journey.

Journey Through Vietnam's Diverse Landscapes

Your adventure begins in the historic capital of Hanoi, offering a glimpse into Vietnam's rich heritage. From there, sail through the ethereal beauty of Halong Bay before flying south to the charming ancient town of Hoi An. The itinerary then transitions to the coastal city of Nha Trang, renowned for its beaches and wellness offerings. The final leg of your journey takes you to the bustling metropolis of Ho Chi Minh City, followed by a peaceful exploration of the Mekong Delta.

Ideal for Discerning Travelers

This tour is perfectly suited for seniors and luxury travelers seeking a refined and restorative vacation. With a focus on high-end accommodations, personalized service, and a balanced pace, it offers a sophisticated way to experience Vietnam's beauty while prioritizing relaxation and well-being.

Practical Information for Your Trip

The tour includes all internal flights, private car transfers, and an overnight cruise. Daily breakfasts are provided, along with select lunches and dinners as specified in the itinerary. Accommodation is in 5-star hotels and resorts, ensuring comfort and luxury throughout your stay. An English-speaking local guide accompanies you for all scheduled activities.

## TOUR HIGHLIGHTS

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- \* Unwind with a unique geothermal mud bath and deluxe spa treatments in Nha Trang.
- \* Enjoy leisurely days on the pristine beaches of Cua Dai and Nha Trang.
- \* Savor a romantic Eurasian buffet dinner cruise along the Saigon River.
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- \* Stay in 5-star luxury accommodations throughout your Vietnamese journey.

## DAY-BY-DAY ITINERARY

Day 1

### Hanoi Arrival & Old Quarter Exploration

Meals: NA | Stay: Hotel de l'Opera Hanoi MGallery by Sofitel | Transport: Car

Upon your arrival at Hanoi's airport, a dedicated driver and guide will greet you, facilitating a smooth transfer to your luxurious hotel. After completing the check-in process, which typically occurs around 2:00 PM, you'll have ample time to settle in and begin to acclimate to the local rhythm. The remainder of the day is yours to enjoy at your leisure, offering a gentle introduction to the city.

For those eager to immediately delve into Hanoi's vibrant culture, several optional activities are available. You might consider joining a guided walking tour focused on Vietnamese street food, a fantastic way to sample local delicacies and observe daily life in the historic Old Quarter. Alternatively, a half-day cooking class presents an opportunity to learn about traditional Vietnamese culinary techniques firsthand.

**Activities:** Arrive in Hanoi  
Transfer to luxury hotel  
Check into accommodation  
Enjoy leisure time  
Consider a street food walking tour (optional)  
Participate in a Vietnamese cooking class (optional)

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**Day 2****Halong Bay Cruise & Limestone Karst Discovery**

*Meals: Breakfast, Lunch, Dinner | Stay: Overnight cruise in Halong Bay | Transport: Luxury limousine, Cruise boat*

Following breakfast at your Hanoi hotel, your journey continues as you depart for the iconic Halong Bay. A comfortable luxury limousine will transport you through the scenic Red River Delta, offering glimpses of rural Vietnamese life, before arriving at Tuan Chau Pier. Here, you'll board your exquisite cruise vessel, ready to set sail into the breathtaking UNESCO World Heritage site.

Once welcomed aboard, a delicious lunch will be served as your ship navigates through the emerald waters, surrounded by thousands of dramatic limestone karsts. The afternoon is dedicated to exploring the bay's natural wonders. You'll have opportunities for kayaking through serene lagoons, swimming in the clear waters, and discovering magnificent cave systems that dot the landscape.

Later in the afternoon, immerse yourself in local culture with a visit to a floating village, interacting with fishermen whose families have inhabited these waters for generations. A bamboo rowboat ride will take you through a water tunnel, revealing hidden coral reefs and tranquil lagoons, especially picturesque as the sun begins to set. Returning to your cruise, you'll unwind and savor a delectable dinner, enjoying the serene ambiance of the bay under the stars. Please note that the exact cruise itinerary may vary.

- Activities:** Depart Hanoi for Halong Bay  
Board a luxury cruise at Tuan Chau Pier  
Enjoy lunch onboard  
Kayak through emerald waters  
Swim in secluded coves  
Explore a majestic cave system  
Visit a local floating fishing village  
Experience a bamboo rowboat ride  
Savor a gourmet dinner on the cruise

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**Day 3****Halong Bay Sunrise, Return to Hanoi & Evening Delights**

*Meals: Breakfast, Brunch, Dinner | Stay: Hotel de l'Opera Hanoi MGallery by Sofitel | Transport: Shuttle bus, Car*

Wake up to the serene beauty of Halong Bay, enjoying breakfast with panoramic views from your cruise. Take in the final moments of this spectacular natural wonder before checking out around late morning. After bidding farewell to the crew, you'll transfer to the tender boat to reach Halong port, where a shuttle bus awaits to take you back to Hanoi, a journey of approximately 2.5 hours.

The afternoon offers some free time to relax at your hotel or explore Hanoi further at your own pace. As evening approaches, around 6:00 PM, you'll embark on a city night tour. This excursion begins in the bustling Old Quarter, where you can wander through narrow streets filled with traditional shops, vibrant street vendors, and historic architecture, experiencing the city's lively nocturnal pulse.

The tour continues to Hoan Kiem Lake, a central and iconic landmark in Hanoi, perfect for a leisurely stroll to admire its illuminated beauty. Following this, you'll have the chance to sample renowned Vietnamese dishes and indulge in a relaxing foot massage, a perfect way to unwind after a day of exploration. The evening concludes with a visit to the Red River and the historic Long Bien Bridge, offering a different perspective of Hanoi's nightlife away from the city center, before enjoying dinner at an authentic Vietnamese restaurant. You are then free to explore Hanoi's nightlife as you wish.

**Activities:** Enjoy breakfast with bay views  
Disembark from the cruise  
Transfer back to Hanoi by shuttle  
Explore Hanoi's Old Quarter  
Stroll around Hoan Kiem Lake  
Visit the Red River and Long Bien Bridge  
Indulge in a relaxing foot massage  
Have dinner at a traditional Vietnamese restaurant  
Experience Hanoi's evening atmosphere

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**Day 4****Flight to Da Nang & Hoi An Ancient Town Evening***Meals: Breakfast | Stay: Anantara Hoi An Resort | Transport: Car, Airplane*

Your day begins with breakfast at the hotel before transferring to the airport for a domestic flight to Da Nang. Upon arrival, a local guide will meet you and provide a comfortable transfer to your hotel in the charming town of Hoi An. Once you've completed the check-in procedures, the rest of your day is dedicated to relaxation and personal exploration.

Hoi An's evening ambiance is particularly enchanting, with lanterns illuminating the ancient streets. You are free to wander through the town, soak in the atmosphere, or simply unwind at your luxurious accommodation. For a truly memorable cultural experience, consider attending The Hoi An Memories Show (optional, extra cost). This spectacular performance uses the traditional ao dai as an artistic medium to narrate the history of the ancient port town, blending music, lighting, and visually stunning choreography to create lasting impressions.

**Activities:** Enjoy breakfast at the hotel  
Transfer to Hanoi airport  
Fly to Da Nang  
Transfer to your Hoi An hotel  
Check into your luxury accommodation  
Relax at leisure  
Consider attending the Hoi An Memories Show (optional)

**Day 5****Hoi An Relaxation & Coastal Exploration***Meals: Breakfast | Stay: Anantara Hoi An Resort*

Begin your day with a delightful breakfast at your hotel, setting the tone for two leisurely days in Hoi An. You have the freedom to explore this historic town at your own pace, wandering through its charming streets, admiring the ancient architecture, and soaking in the unique atmosphere that makes Hoi An a UNESCO World Heritage site. Your luxury wellness hotel or resort provides an ideal sanctuary for relaxation, offering a variety of retreat activities designed to help you de-stress and rejuvenate. Take advantage of the hotel's amenities, whether it's a refreshing dip in the swimming pool, a peaceful stroll through the expansive gardens, or indulging in a high-class spa service. The serene environment is perfect for unwinding from the pressures of daily life. Additionally, the stunning Cua Dai Beach is easily accessible, offering opportunities for sunbathing, swimming in the ocean, or simply enjoying a leisurely walk along the shore as the sun sets, providing picturesque photo opportunities.

For those seeking more structured activities, a range of optional excursions are available. You might choose to explore the Cam Thanh Coconut Village, participate in a cooking class at Tra Que Village after a bike ride, visit the ancient My Son Sanctuary, or join a guided walking tour of Hoi An City to uncover its hidden gems and historical narratives.

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### Hoi An Relaxation & Coastal Exploration (Continued)

Meals: Breakfast | Stay: Anantara Hoi An Resort

Continue your serene escape in Hoi An with another day dedicated to personal exploration and relaxation. After a leisurely breakfast at your hotel, you are free to revisit your favorite spots in the ancient town or discover new corners that pique your interest. The tranquil ambiance of Hoi An lends itself perfectly to unhurried strolls and quiet contemplation.

Your luxury accommodation remains a haven for wellness. You can spend the day enjoying the resort's facilities, perhaps scheduling another spa treatment or simply relaxing by the pool with a good book. The lush gardens offer a peaceful setting for quiet moments.

Alternatively, return to Cua Dai Beach to bask in the sun, swim in the warm waters, or take a long walk along the sandy expanse. The beauty of these free days is the flexibility to tailor your experience to your desires, whether that means more cultural exploration, indulgent relaxation, or a blend of both. Consider any of the optional tours you might have missed yesterday to enhance your understanding of the region.

## Day 7

### Hoi An to Nha Trang & Beachfront Leisure

Meals: Breakfast | Stay: An Lam Retreats | Transport: Car, Airplane

After enjoying breakfast at your Hoi An hotel, you will be transferred by private vehicle to Da Nang Airport to catch a domestic flight to Nha Trang. This coastal city, known for its beautiful beaches and vibrant atmosphere, will be your next destination for relaxation and wellness.

Upon arrival in Nha Trang, you'll be taken directly to your hotel for check-in. The rest of the day is entirely at your leisure, providing the perfect opportunity to unwind and settle into the tranquil surroundings. Nha Trang offers a picturesque setting to recharge, whether you prefer swimming in the crystal-clear waters of the ocean, sunbathing on the sandy beach, or simply strolling along the coastline.

You might also choose to relax at a seaside bar, enjoying refreshing drinks with views of the East Sea. The evening is yours to enjoy, perhaps with a quiet dinner by the ocean or a gentle walk under the stars, preparing you for the rejuvenating experiences ahead.

**Activities:** Have breakfast at the hotel  
Transfer to Da Nang Airport  
Take a domestic flight to Nha Trang  
Check into your Nha Trang hotel  
Enjoy free time at the beach  
Swim in the clear ocean waters  
Sunbathe on the sandy shore  
Relax at a seaside bar  
Stroll along the coastal promenade

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## Day 8

### Rejuvenating Mud Bath Experience in Nha Trang

Meals: Breakfast | Stay: An Lam Retreats | Transport: Car

Start your day with a delicious breakfast provided by your hotel, followed by a relaxed free hour to prepare for a unique and invigorating experience. Today, you will indulge in a mud bath, an essential activity for wellness enthusiasts visiting Nha Trang. The therapeutic properties of the mud, combined with geothermal waters, offer remarkable benefits. The deep heat from the mud creates a soothing sensation, while the geothermal minerals work to cool the body and alleviate muscle aches and joint discomfort. As you immerse yourself, your body experiences a sensation of weightlessness, which profoundly aids in releasing both mental tension and physical stress.

This distinctive treatment is designed to leave you feeling refreshed, revitalized, and deeply relaxed. It's a perfect complement to your luxury wellness journey, providing a natural and effective way to unwind and rejuvenate.

- Activities:**
- Enjoy breakfast at your hotel
  - Spend a relaxed morning at leisure
  - Experience a unique mud bath treatment
  - Benefit from geothermal waters
  - Feel the cooling effect on your body
  - Relieve muscle aches and joint discomfort
  - Float effortlessly in the mud
  - Achieve mental and physical relaxation

## Day 9

### Nha Trang Resort & Spa Indulgence

After breakfast at your hotel, you have three full days to spend at your leisure in the beautiful beach city of Nha Trang. This extended period allows you to fully immerse yourself in the serene environment and take advantage of the luxurious amenities offered by your resort.

Explore various activities at your own pace, whether it's swimming in the inviting ocean, soaking up the sun on the lovely Nha Trang beach, or simply relaxing by the resort's pool. Your accommodation, An Lam Retreats, is an exceptional venue for relaxation, offering a deluxe atmosphere that provides a peaceful escape from the daily hustle and bustle.

The resort's tranquil tropical gardens and inviting pools create a perfect setting for unwinding. You can also indulge in the comprehensive wellness experiences at the resort's spa, which is designed around a

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**Day 10****Nha Trang Resort & Spa Indulgence (Continued)***Meals: Breakfast | Stay: An Lam Retreats*

Today marks another day of pure relaxation and personal choice in Nha Trang. Following your breakfast at the resort, the entire day is yours to craft as you please. You might choose to revisit the stunning beach, enjoying the warm sun and the gentle rhythm of the waves, perhaps trying a different spot along the expansive coastline.

For those seeking continued rejuvenation, the resort's spa facilities are at your disposal. Indulge in another treatment or simply spend time in the serene spa environment, embracing the philosophy of natural living. The peaceful tropical gardens surrounding the pool offer a perfect backdrop for quiet contemplation or a leisurely swim.

Alternatively, you could venture out to explore more of Nha Trang city, perhaps discovering local markets or enjoying a meal at a beachfront restaurant. The flexibility of these days ensures that your wellness journey is tailored precisely to your desires, allowing for deep relaxation and personal discovery.

**Day 11****Nha Trang Resort & Spa Indulgence (Continued)***Meals: Breakfast | Stay: An Lam Retreats*

Enjoy your final full day of indulgence in Nha Trang, beginning with a delicious breakfast at your luxury resort. This day provides another opportunity to fully embrace the tranquility and wellness offerings that define your stay here. Whether your preference is for active relaxation or complete repose, the options are plentiful.

You might opt for a final swim in the resort's pool, surrounded by lush tropical gardens, or spend time lounging on the beach, savoring the coastal ambiance. The resort's spa remains available for any last-minute treatments or simply to enjoy its calming atmosphere.

Consider a leisurely walk along the shore, collecting souvenirs, or simply reflecting on the serene moments experienced in Nha Trang. This day is designed for you to unwind completely, ensuring you feel refreshed and revitalized before continuing your journey to the bustling south of Vietnam.

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**Day 12****Flight to Ho Chi Minh City & Saigon River Dinner Cruise**

*Meals: Breakfast, Dinner | Stay: Renaissance Riverside Hotel Saigon | Transport: Car, Airplane, Cruise boat*

After breakfast at your Nha Trang hotel, you will be transferred to the airport via a shuttle bus for your domestic flight to Ho Chi Minh City. Upon arrival in the vibrant southern metropolis, a private vehicle will be waiting to take you directly to your luxury accommodation. After checking in, the afternoon is free for you to explore the city at your own pace.

For those interested in discovering more of Ho Chi Minh City's history and culture, optional tours are available. You might consider a half-day city tour to see key landmarks or an excursion to the famous Cu Chi Tunnels, offering insight into Vietnam's wartime past. Our travel agents are available to assist with booking these services.

As evening descends, you will be picked up from your hotel and driven to the pier for an elegant dinner cruise on the Saigon River. As your vessel glides along the water, you'll be treated to an impressive Eurasian buffet, complemented by cocktail lounges and airy verandas perfect for an after-dinner stroll. Live traditional music enhances the romantic atmosphere, allowing you to admire the city's illuminated skyline and experience its vibrant culture from a unique perspective. The cruise concludes around 9:30 PM, after which you'll be transferred back to your hotel.

**Activities:** Enjoy breakfast at your hotel  
Transfer to Nha Trang airport  
Fly to Ho Chi Minh City  
Private transfer to your hotel  
Check into your accommodation  
Spend the afternoon exploring independently  
Consider a Ho Chi Minh City half-day tour (optional)  
Visit the Cu Chi Tunnels (optional)  
Board a dinner cruise on the Saigon River  
Savor an impressive Eurasian buffet  
Enjoy live traditional music  
Admire the city's night views

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### Mekong Delta Exploration by Cai Be Princess Sampan

Meals: Breakfast, Lunch | Stay: Renaissance Riverside Hotel Saigon | Transport: Car, Sampan boat

Following breakfast at your Ho Chi Minh City hotel, you will be picked up around 8:00 AM for a transfer to Cai Be, a charming town in the Mekong Delta. Upon boarding the luxurious Cai Be Princess Sampan, the crew will welcome you with a refreshing towel and drink as your boat embarks on a scenic cruise towards Tan Phong Islet.

Your journey includes a delightful cycling trip to explore the local village on Tan Phong Islet. You'll have the opportunity to visit lush fruit gardens, where you can sample fresh, seasonal produce. The tour also takes you to nearby cottage industries, providing a fascinating glimpse into the traditional craftsmanship of the region, such as the making of rice paper, rice flour cakes, or roof panels.

Returning to the Cai Be Princess Sampan, the boat continues its leisurely cruise through small, peaceful canals to the village of Phu An. Here, you can observe the serene landscapes and natural beauty of the Mekong Delta. A delicious lunch will be served at a local restaurant, allowing you to savor the fresh atmosphere. After lunch, enjoy a walk to Ba Bon Bridge for some sightseeing before boarding a vehicle for your return transfer to Ho Chi Minh City. The evening is then yours to relax at your hotel.

**Activities:** Have breakfast at the hotel  
Transfer to Cai Be in the Mekong Delta  
Board the Cai Be Princess Sampan  
Cruise towards Tan Phong Islet  
Enjoy a cycling trip through the village  
Visit local fruit gardens  
Observe cottage industries (rice paper, rice flour cakes)  
Continue cruising through peaceful canals  
Enjoy lunch at a local restaurant  
Take a walk to Ba Bon Bridge  
Return to Ho Chi Minh City

## Day 14

### Ho Chi Minh City Departure

Meals: Breakfast | Stay: NA | Transport: Car

Begin your final day in Ho Chi Minh City with a hearty breakfast at your hotel. The morning is yours to relax, perhaps enjoying a last stroll around the hotel grounds or doing some souvenir shopping, before preparing for your departure.

Please note that the standard hotel check-out time is at noon. If you require a later check-out, this can be arranged subject to room availability and may incur an additional surcharge. At the appropriate time, a private transfer will take you to Ho Chi Minh City airport for your onward journey, concluding your luxurious wellness and cultural tour of Vietnam.

**Activities:** Enjoy a final breakfast  
Relax at your hotel  
Transfer to Ho Chi Minh City airport  
Depart from Vietnam

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## WHAT'S INCLUDED

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- ✓ Accommodation for 9 nights in luxury hotels and 1 night on an overnight cruise.
- ✓ Daily breakfast (10), two lunches, one brunch, and three dinners as specified.
- ✓ All domestic flights: Hanoi to Da Nang, Da Nang to Nha Trang, Nha Trang to Ho Chi Minh City.
- ✓ Private car transfers for airport pick-up and drop-off, and inter-city travel.
- ✓ Overnight cruise experience in Halong Bay.
- ✓ Local English-speaking guides for all tour activities.
- ✓ Entrance fees for all attractions mentioned in the itinerary.
- ✓ A special spa package at your Nha Trang hotel.
- ✓ Traditional foot massage in Hanoi.
- ✓ Therapeutic mud bath experience in Nha Trang.

### NOT INCLUDED

- ✗ International flights to and from Vietnam.
- ✗ Visa fees for Vietnam.
- ✗ Optional tours and activities not specified in the itinerary.
- ✗ Personal expenses such as souvenirs, laundry, and telephone calls.
- ✗ Beverages and additional meals beyond those listed.
- ✗ Tips for guides, drivers, and hotel staff.
- ✗ Travel insurance.
- ✗ Single supplement charges for solo travelers.

## PRICE INCLUDES

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## AVAILABLE DEPARTURES

Departure Date	Return Date	Price / Person	Availability	Languages
21 Dec 2026	20 Dec 2027	USD 3,903	Available	–

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## CANCELLATION POLICY

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A 10% cancellation fee applies to the total package price if the booking is canceled after the deposit has been made.

*Tour Code: IMP-8EFA6B567FA3*